



HOLIDAY LEARNING FOR PEACE

Learning Sessions

REPORT



PROGRAM OVERVIEW

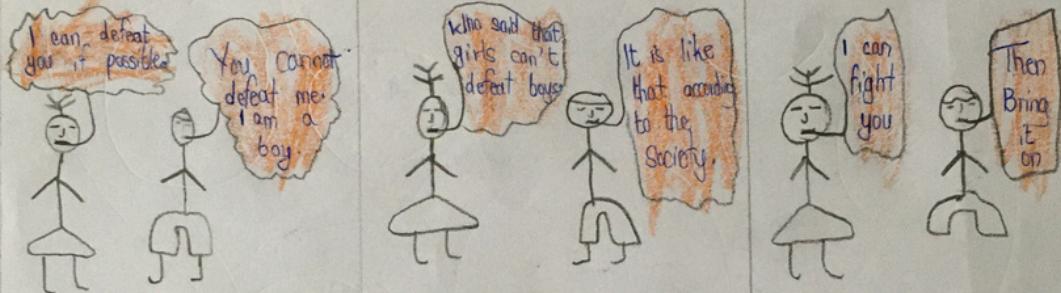
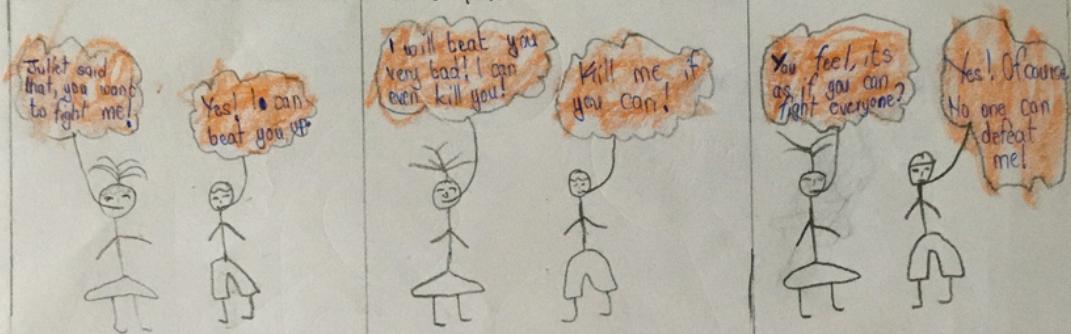
From October to December 2025, the Children-Led Community Peace Labs organized holiday learning sessions for 15 teenagers from Glory Church, Ongata Rongai after closing school for the third term.

The training was intentionally designed to strengthen children's understanding of conflict transformation, peacebuilding, and effective communication, while also creating safe and nurturing spaces for self-expression, creativity, and meaningful relationship-building among peers.

A total of 85 members participated across the three schools. Each school hosted a one-day session using participatory, creative, and reflective learning methods appropriate for children and adolescents.



Conflicts

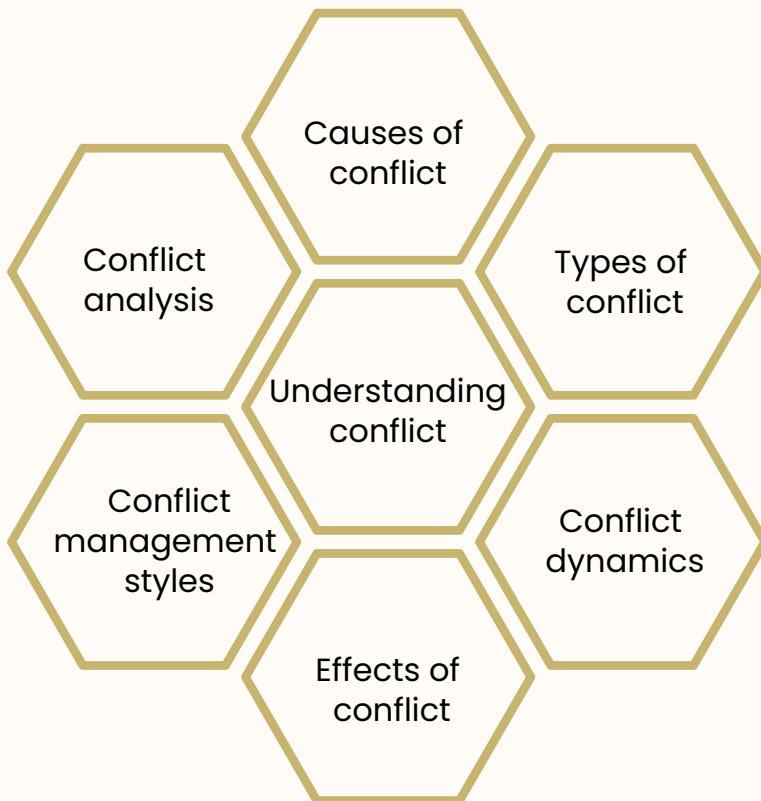




Program Overview

1. Conflict Transformation

The conflict transformation sessions covered the following key concepts:



Methodology

Learning was grounded in children's lived experiences and facilitated through participatory and creative methods. Children:

- Created drawings, comics, and art pieces depicting conflict situations and emotions.
- Participated in role-play simulations based on conflicts they had experienced.
- Practiced applying conflict management styles to resolve simulated conflicts.
- Kept journals reflecting on how they feel during conflict and why they prefer certain response styles over others.

These methods supported emotional literacy, empathy, and practical problem-solving skills.





2. Peacebuilding

Children explored the meaning of peace and peacebuilding through reflection and discussion. Their definitions of peace included:

“

Not feeling disturbed, neither on the inside or on the outside. Feeling safe in certain things.

“

Not having war.

”

“

Living together without war or conflict.

“

Sometimes it is good to live without arguing.

”

All learners were taken through a child-friendly safeguarding briefing, which covered:



Class definition of peace

“

**Strategies and
actions undertaken
to promote cohesion
and sustain lasting
peace.**

”

3. communication and public speaking

Communication sessions focused on helping children understand the role of dialogue in relationships and conflict transformation.

Learners reflected that avoiding difficult conversations often worsens conflict, while engaging in respectful dialogue strengthens relationships and supports growth. Children noted that without guidance and positive communication:

They will behave how their elders behave.

They develop a negative mentality.

They lose their self-esteem.

Children learned that difficult conversations are not confrontations, but opportunities for healing, understanding, and preventing unresolved pain.

The program also introduced basic public speaking skills, helping children build confidence in expressing their thoughts clearly and respectfully in group settings.

Outcomes and Observed Changes

1

Improved attitudes toward conflict, with children viewing conflict as manageable rather than something to fear.

2

Increased confidence in communication and self-expression.

3

Strengthened friendships and peer relationships.

4

Improved self-esteem and emotional awareness.

5

Greater understanding of children's roles as everyday peacebuilders within their families, church, and community.

Conclusion



Moving forward, the Children-Led Community Peace Labs will intentionally integrate faith as a source of values, reflection, and action for peace. Drawing on faith teachings that emphasize love, dignity, forgiveness, justice, and care for others, the Labs will support children to connect peacebuilding principles with their everyday faith practice. This includes nurturing compassion, responsible communication, and nonviolent responses to conflict within families, the church, and the wider community.

By grounding peacebuilding skills in faith-inspired values while remaining inclusive and child-centered, Re-Imagining New Communities continues to strengthen children's roles as agents of peace, shaping communities rooted in understanding, care, and coexistence.





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